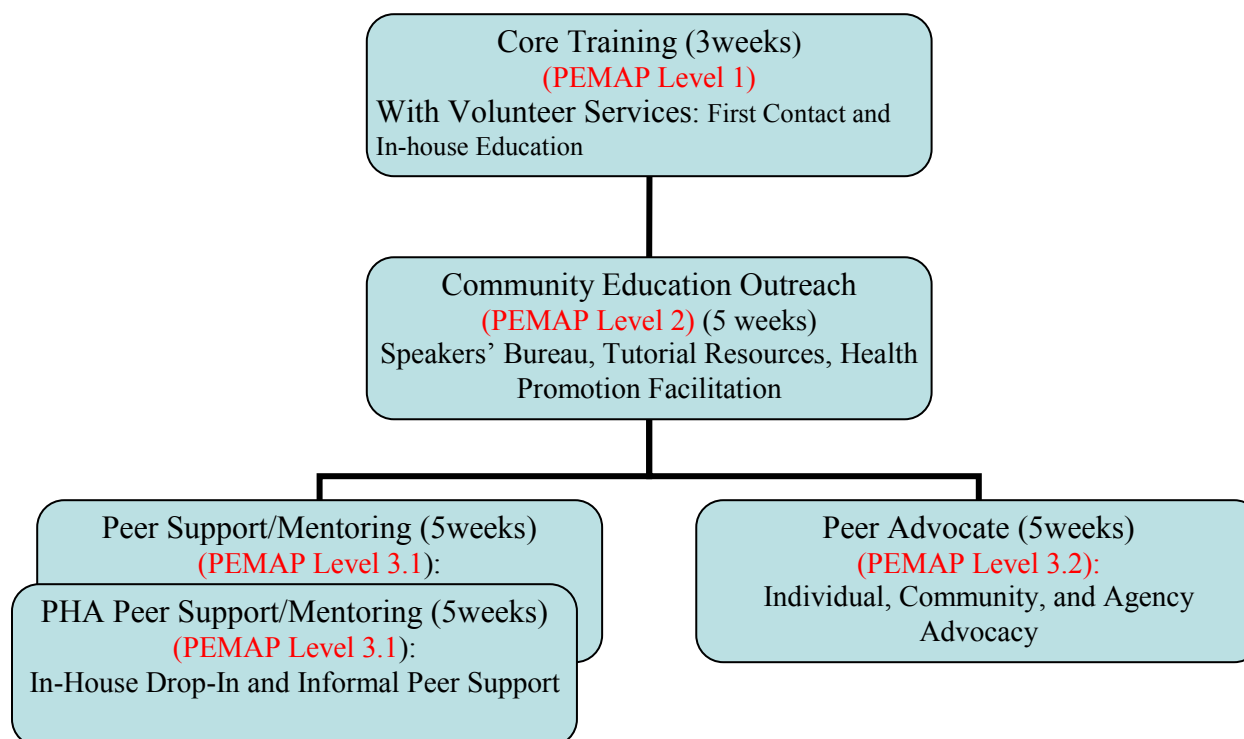


The **AIDS** Network
Serving Hamilton, Halton, Haldimand, Norfolk and Brant

Peer Educators, Mentors and Advocates Program

The goal of the PEMAP training program is to provide relevant and comprehensive training to those individuals interested in becoming Volunteer Educators, Mentors and Advocates. This training is targeted towards Persons Living with HIV/AIDS (PHAs), volunteers, families and friends of people infected or affected with HIV/AIDS. Each participant will develop a broad range of knowledge and experience surrounding HIV and its related issues, as well as the facets of education, mentoring, support and advocacy through the training program.



This is a four level (13 weeks) program that provides training and opportunities to enhance skills, attitudes, and knowledge in providing high quality services to People with HIV/AIDS (PHAs).

Training topics include: HIV/AIDS 101, In-house Education, Public Speaking Skills, Cultural Sensitivity and Anti-Oppression Training, Community Education, Peer Mentoring, Treatment updates and Advocacy Skills Training.

The next PEMAP training: October 12th, 19th, 26th 2010
TIME: 5pm-9PM each Day

To register for PEMAP training contact **Clement Gwanyama** at The AIDS Network:
Tel: 905-528-0854 ext. 245 email: cgwanyama@aidsnetwork.ca

PEMAP TIMETABLE FOR 2010 - 2011

PEMAP LEVEL 1: CORE TRAINING					
TIME	DAY 1	DAY 2	DAY 3		
5pm – 9pm	Tuesday 12/10/2010 Understanding The AIDS Network Self Care and Boundaries	Tuesday 19/10/2010 HIV & AIDS 101 Harm Reduction	Tuesday 26/10/2010 SDH, Resource Centre In-House Education		
PEMAP LEVEL 2: Community Education and Outreach					
TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
5pm – 9pm	Tuesday 09/11/2010 Purpose of Public Speaking Group Dynamics/Group processes	Tuesday 16/11/2010 Terminology Vocal variety and Body Language	Tuesday 23/11/2010 Examining Fears Communication Techniques	Tuesday 30/11/2010 Micro-presentation skills	Tuesday 01/12/2010 Final Presentations Targeting: MSM, IDUs, Youths, and New Canadians
PEMAP LEVEL 3.1: In-House Peer Support/Mentoring					
TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
5pm – 9pm	Tuesday 11/01/2011 Definition and the role of a Peer Mentor	Tuesday 18/01/2011 Need identification, Coaching Skills and Resilience	Tuesday 25/01/2011 Sharing Information and Resources	Tuesday 01/02/2011 Leadership Development	Tuesday 08/02/2011 Role plays and Real plays
PEMAP LEVEL 3.2: Individual and Community Advocacy					
TIME	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
5pm – 9pm	Thurs. 13/01/2011 Role of Peer advocates and Community Advocacy	Thurs. 20/01/2011 Goals/Rules surrounding Advocacy and Advocacy Models	Thurs. 27/01/2011 Disclosure and Non- Disclosure, Stories	Thurs. 03/02/2011 Developing Advocacy Strategies Using Case Studies and Stories	Thurs. 10/02/2011 Evaluation